

# beck health & nutrition

www.beckhealth.com.au

Andrew Wiguna  
52A Shelbred Way  
Westminster WA 6061

Dear Andrew ,

Congratulations on successfully completing your Certificate of Sports & Exercise Nutrition course.

Please find enclosed the following documents

- Your assessment containing corrections and/or feedback
- Your academic record
- Your course certificate
- Course evaluation form and reply paid envelope
- [Copy of our latest course brochure \(remember that you are entitled to a 10% discount from further courses\)](#)

Once again Andrew, congratulations on your course results. If at any time you have questions or we can be of any further assistance please do not hesitate to call or email us.

Yours sincerely



**Kristen Beck**  
Director  
**Beck Health & Nutrition Group**

## Academic Record

**Student Name:** Andrew Wiguna  
**Student Number:** 20170073  
**Course Name:** Certificate of Sports & Exercise Nutrition  
**Assessment Result:** 100 %  
**Assessment Grade:** High Distinction  
**Date of Issue:** 10/8/2017

----- End of Record -----



Kristen Beck BHSc, Post Grad Dip Nut, Post Grad Educ  
Registered Nutritionist (RN042)  
Director

This academic record contains no alterations or erasures.





This is to certify that

**Andrew Wiguna**

successfully completed a course of study and assessment in

## Certificate of Sports & Exercise Nutrition

Registered Nutritionist (RN042)  
Director  
10<sup>th</sup> August 2017

*This certificate is issued by Beck Health & Nutrition without alteration or erasure.*

*This course carries the following industry accreditation  
International Institute for Complementary Therapists  
Australian Traditional Medicine Society – 40 CE points*



10/8



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www.beckhealth.com.au  
P: 02 9981 6228  
E: info@beckhealth.com.au  
PO Box 122 Collaroy NSW 2097  
ABN: 34 762 406 171

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This assessment paper should be mailed by the due date to:

Beck Health & Nutrition  
PO Box 122  
Collaroy NSW 2097 Australia

Name: Andrew Wiguna  
Student Number: 20170073  
Date Due: 24th September 2017  
Signature: *Andrew*

Note to all students: Please make a copy of this assessment paper before returning it for marking. In the unusual event that your assessment is not delivered you will be required to submit a copy (or otherwise complete another assessment). It is Beck Health & Nutrition policy that the period between your assignment being received by Beck Health & Nutrition and marking of your assessment should not normally exceed three weeks.

## Course Assessment Paper

Course: Certificate of Sports & Exercise Nutrition  
Duration: Un-timed  
Materials permitted: Open book format  
Assessment weighting: 100% of unit assessment  
Instructions: Complete all questions on the pages provided.

### Student Comments (if any)

Please refer to email (((Andrew W / Student# 20170073.) Assesment completion & sent notice + concerns of your learning methods). Answers are provided both in manual type-set (for elaborative responses) and hand written (for succinct responses). Sincerest apologies if these are received in less than acceptable presentable formats; likely due to courier's handling of postage.

### Marker Comments

*Congratulations Andrew,  
You have demonstrated excellent, insightful understanding and practical application of the nutrition, hydration + timing strategies for optimal exercise, fuelling + recovery. Please keep us updated with your progress with the ketogenic approach!*

Marker: *KRISTEN BECK*

Marker signature: *K Beck*

Mark awarded: 100/100

Date: 10, 8, 17

*Thanks!  
Please see course response.*

*Keep us updated with your progress with the ketogenic approach!*